

MARCH 2007 NEWSLETTER

Institute of Food Technologists
Ohio Valley Section

Performance Nutrition

Thursday, March 15, 2007
Confluence Park Restaurant
Columbus, Ohio

PROGRAM:

Performance Nutrition for Active Adults & Young Athletes
Speaker: Brian Deeds of EAS

As the Senior Manager of Training and Development, Brian Deeds has been a key figure in EAS' global success for over seven years. Brian carries the experience of a former competitive bodybuilder and was the 2004 EAS Employee Challenge Grand Master Champion. Brian is also a Certified Personal Trainer and Weight Management Consultant. With this broad spectrum of experience he relates to a wide range of fitness enthusiasts and identifies with their performance needs and goals.

Deeds is a regular contributor to Leading Edge Magazine, authored a chapter in the Sports Nutrition Review 5th edition and provides ongoing content for other EAS publications including web and EAS Product Guides. He is the author of an international Success Coach program where he certifies global trainers to teach EAS principles and products.

Brian is a regular key note speaker at company, distributor, affiliate and public forums including Body-*for*-LIFE Camps, Ultimate Transformation Camps, Ultimate Transformation Camp for Women and the Body-*for*-LIFE Expo. He specializes in bringing the complex subject matter of sports nutrition and supplementation to life with layman explanations and easy-to-follow analogies.

EVENT SCHEDULE:

6:00PM Registration and Networking

6:30PM Dinner

7:15PM Program: **Performance Nutrition for Active Adults & Young Athletes**
Speaker: **Brian Deeds of EAS**

8:00PM Estimated Adjournment

Register online at: www.ovift.org/reservationinput.asp

Reservation deadline: **5PM Thursday, March 8, 2007**

Contact Rachel Liggett (rachel.liggett@givaudan.com) if you have difficulties with registration

COST:

Pay at the door; cash or check only (sorry, no credit cards). Make checks payable to OVIFT.

Members: \$30

Emeritus: *gratis*

Students: \$10

Non-members: \$35

******* Note: Un-cancelled and unpaid reservations will be billed to the person making the reservation. The full \$35 price of the event will be charged! *******

Cancel your reservation online at: <http://www.ovift.org/cancellationinput.asp>
Reservations must be cancelled by: **5PM Thursday, March 8, 2007**

MENU:

Entrée selections:

1. **Confluence Chicken** - char grilled breast topped with melted Monterey jack cheese & a wild mushroom demi-glace
2. **Baked Salmon** - moist fillet topped with a creamy dill sauce
3. **Vegetable Lasagna** - vegetables & pasta layered and baked in a marinara sauce topped with melted mozzarella cheese
4. **Fettuccini** - tossed in Alfredo sauce & topped with grilled peppers, onions, spinach & mushrooms

All entrées served with salad, rice or potatoes, rolls and dessert

DOOR PRIZES:

Bring a business card to put into the drawing. We will also accept door prizes from your company to give away!

CHARITABLE ORGANIZATION:

March of Dimes
www.marchofdimes.com

The March of Dimes mission is to improve the health of babies by preventing birth defects, premature birth, and infant mortality. Research, community services, education and advocacy all contribute to saving babies' lives. March of Dimes researchers, volunteers, educators, outreach workers and advocates work together to give all babies a fighting chance against the threats to their health: prematurity, birth defects, and low birthweight.

Monetary donations will be collected to benefit the March of Dimes. Door prize tickets will be given for each \$5 donation.

DIRECTIONS:

Confluence Park Restaurant
679 West Spring Street
Columbus, Ohio 43215
614-469-0000

From Cincinnati/Northern Kentucky: Take I-71 North towards Columbus. In downtown Columbus, continue straight onto SR315 North (do NOT follow 71 as it veers to the right into downtown). Take the US33/Long St/Dublin Rd exit and turn Left onto US33 at the end of the ramp. Then turn Left on Souder Ave and Left on Rickenbacker Dr. The road will wind around to the restaurant where there is ample free parking.

From North Columbus: Take SR315 South to the Neil Avenue exit. At the end of the ramp, turn Right onto Neil Ave, then Right on Spring St, Left on Souder Ave and Left on Rickenbacker Dr. The road will wind around to the restaurant where there is ample free parking.

From Dayton: Take I-70 East towards Columbus. In Columbus, veer to the Left onto I-670 East towards the Airport. Take the US33/SR315 South exit and turn right onto US33 East at the end of the ramp. Turn Right on Souder and Left onto Rickenbacker Dr. The road will wind around to the restaurant where there is ample free parking.

EVENT ORGANIZER:

Kumar Vasist kumar.vasist@abbott.com

Councilor 2007

Future Happenings

Suppliers Night – Thursday, April 12, 2007

Suppliers Night will be held at the Sharonville Convention Center near Cincinnati, Ohio. Full event details will follow in the next newsletter. Vendors wishing to have a booth should contact the event organizer.

EVENT ORGANIZER:

Ed Rigelsky edward.rigelsky@kroger.com

Chair Elect 2007

Picnic in the Park – Thursday, May 17, 2007

Before the summer hiatus and vacations take over...Think about your career, colleagues and future of the food industry. Bring a colleague and introduce them to the local chapter of food professionals. Find out what is happening and how you can influence the future. We hope to see you there.

Sharon Woods Great Meadow Shelter 4:00 p.m. until dusk

Menu: Grill out, including Burgers, Chicken Breasts, and Metts, with side dishes and dessert, soft drinks and water.

Parking: Hamilton County Park District Sticker or \$2.00

Cost: \$20.00

EVENT ORGANIZER:

Lisa Sanders lisa.sanders@flavorsystems.com

Member at Large 2007

Golf Outing – Friday, June 15, 2007 1PM

The golf outing will once again be held at the Golf Club at Yankee Trace in Centerville, Ohio. Sponsors are desired for \$65 per hole. Complete details will be available in an upcoming newsletter.

EVENT ORGANIZER:

Steve Swaby stephen.swaby@sensient-tech.com (513) 545-0013

Reports from Recent Meetings

Student Recognition & Career Night

Forty five students and forty two industry representatives in attendance made this year's Student Recognition & Career Night a huge success. Denise Smith, Chair of OSU Food Science Department, and colleagues, gave an informative presentation on current workings in the department which continues to grow in new directions.

Scholarships were awarded to several deserving students...

John Litchfield Graduate Fellowship (\$2,000) Recipient: **Taylor Wallace**

Grady W. Chism III Undergraduate Scholarship (\$2,000) Recipient: **Rachel Crockett**

OVIFT Undergraduate Scholarship (\$500 each) Recipients: **Michael Cocco, Ashley Weatherington, Jenny Wu, Sandra Zurbrugg**

Courtney McGinnis was recognized as IFT Foundation Scholarship (\$1,000) Recipient

Graduate Student Competition winners from the 2006 Annual Meeting were also recognized...

Mark Lehman – 2nd place Biotechnology Division

Sanjay Sarang – 1st place Food Engineering Division

Marie Antoniewski – 2nd place Muscle Foods Division

Annegret Mannig – 2nd place Sigma Xi

Elizabeth Grasso – 3rd place Sigma Xi

Thank you to all who attended and the students who worked so hard to organize the event: Marie Antoniewski, Rachel Crockett, Liz Grasso, Linna Halim, Jenny Kamerud, Candice Lucak and Raghupathy Ramaswamy

See you next year!

EVENT ORGANIZERS:

Rachel Liggett rachel.liggett@givaudan.com

Secretary, Newsletter Editor 2007, Councilor 2008

Ramesh Reddy Yettella yettella-v-rames.1@osu.edu
OSU FSC Industry Recruitment Representative

Announcements

Quality Assurance Association

May 21-22, 2007

Minneapolis, MN

Technical Meeting with sessions on Food Labeling, Wellness Programs, Current Microbial Concerns, Food Security and Consumer Interests.

Food Plant Tours in area.

For information on Program, Speakers, Plant Tours and Registration contact Ms. Kris Guenther at kris.guenther@karlinfoods.com or www.qualityassuranceassociation.org

Submitted by **Thomas Tucker** ttucker9@cinci.rr.com

Executive Board Teleconference: Wednesday, March 7, 2007 4:30PM

There will be a teleconference held by the OVIFT Executive Board on Wednesday, March 7, 2007 at 4:30PM. Contact Jennifer Kaiser jennifer.l.kaiser@abbott.com for information about the Columbus location. Contact Becca Weinstein bweinste@aerotek.com for information about the Cincinnati location: Aerotek Scientific, 5181 Natorp Blvd, Suite 201, Mason, OH 45040. **All OVIFT members are welcome to attend!**

Would your company like to advertise in the OVIFT Newsletter?

A committee is being formed to explore this possibility and make recommendations to the OVIFT Section Officers. If you are interested in this topic and have ideas please contact Debby Poskanzer 859-342-3670 dposkanzer@wildflavors.com

We will be happy to include your regional food or flavor industry related announcements, conferences, etc. Please contact Rachel Liggett rachel.liggett@givaudan.com Deadline for announcements to be included in the next newsletter is *Friday, March 16, 2007.*

2007 Officer Elections

Online officer elections open March 5, 2007

Are you prepared for the future of the profession and your place in the profession? As an IFT active Section/Division member, you have made a commitment to your profession and career. Are you now ready to make a difference in your professional support system and resource--IFT? We are ready for you to make a difference by tallying your vote in the national election.

Voting is as easy as 1-2-3!

The 2007 IFT Section/Division Elections are going to be online soon.

When: March 5 until Noon EST April 5

Where: <https://www.ift.org/election>

As soon as the election opens at noon on March 5th, you will receive an email from IFT with a link and directions to vote online.

How: Use your IFT username and password to enter the secure election website.

Help: If you experience any difficulties in casting your vote, please e-mail **Lori Conley** laconley@ift.org

Please note: The ballot works best in Internet Explorer 5.0 and higher, Netscape 7.1 and higher, Mozilla 1.0

The following candidates have agreed to run for office for the 2007-2008 program year.

Chair Elect = Lisa Sanders

Lisa Sanders, Manager of Culinary Applications, Flavor Systems International, Inc., currently is serving as a Member at Large for the Ohio Valley Section of IFT, during which time she has organized and chaired several meetings. Lisa has volunteered also to spearhead the OVIFT Funding committee and champion the creation of a new student chapter of IFT for the University of Cincinnati Culinology program. Other activities include serving on the Culinology Advisory Board for the University of Cincinnati and a recent guest speaker to the Culinology Students at UC.

Secretary = Karen Dewitt

Karen Dewitt has been an IFT/OVIFT member since 1977, held offices of Chair, Member at Large, and Councilor. Karen has planned meetings, expos and tours for OVIFT and attends the National IFT meetings regularly. Karen is a 1977 graduate of The Ohio State University with a BS in Agriculture. Karen has been Regional Sales Manager for Skidmore Sales from 1988 to present; F&C International flavor development from 1979-1988; and the Kroger Company quality control from 1977-1979. Karen has held the office of secretary for numerous organizations such as the high school football boosters and church group.

Treasurer = Becca Weinstein

Becca Weinstein has been working with Aerotek Scientific, a professional recruiting firm, for almost 4 years starting as a recruiter in the Scientific Division and helping place candidates within the Food and Flavor industry. After recruiting for a year, Becca was promoted to Account Manager within the division and has been selling recruiting service to the industry since 2004. Most recently Becca served as Member at Large for Ohio Valley IFT.

Councilor = Tony Munafò

Tony Munafò is an alumnus of University of Kentucky and started with Aerotek Scientific, Cincinnati, office, in May 2002. While in Cincinnati, Tony ran the scientific division alongside Becca Weinstein. Tony recently moved to Columbus, Ohio to head

up operations of the Columbus office. One of Tony's main objectives in Columbus is to build the same presence in the scientific division that is in Cincinnati. Tony has been married to his wife Ashley for three years, whom he met in economics class.

Councilor = Normanella Dewille, Ph.D.

Normanella Dewille has 21 years experience at Ross Products in Product Research and Development as well as project management with specific expertise in:

Development of functional foods for Pediatrics and Adults Market

Track record of many product launches (Enlive®, Juven®, NutraBalance™, Oxeppa®, Pulmocare®, Advera®)

Technical leadership of Healthy Living Innovation R&D

Extensive experience with consumer and institutional nutritional products

Inventor or Co-inventor of 16 US patents and 57 patents outside the United States.

MS and Ph.D degrees in Food Science from Michigan State University and a BS in Pharmacy from Universidad Santa Maria, Caracas, Venezuela

Member of the OVIFT Executive Committee – 1995/1996

Councilor = Melvin Pascall, Ph.D.

Melvin Pascall obtained a dual major Ph.D. in Food Science and Environmental Toxicology in 1995 and a Masters in Packaging Science from Michigan State University in 1991. He is currently an Assistant Professor in the Department of Food Science and Technology at Ohio State University. Prior to joining the faculty at OSU, he was employed for 5½ years as a research scientist at the Food and Drug Administration in Chicago, IL and in Washington, DC. He was employed for 15 years as a quality control technician at Carib Glassworks Limited (a packaging manufacturer). He has been an IFT member for the past 15 years and has been active in the Food Packaging Division. He recently co-chaired sections of the Division's Food Packaging Summit Conference held in Baltimore in May 2006. His research activities include nanocomposite materials for food packaging, development of sanitizers for food contact surfaces, color changing tamper-evidence packaging, chemical mass transfer in packaging materials during high pressure processing and the use of electrolyzed water for bacterial reduction on food contact surfaces. He teaches popular courses in Food Packaging, Food Law, Food Plant Management and Low Acid Canned Foods Processing.

Councilor = Mark McLaughlin

Mark McLaughlin has a BS degree in Food Technology from The Ohio State University and have been a Regional Manager for Skidmore Sales for over 23 years and Professional IFT Member over 30 years. Mark is currently serving OVIFT as an Alternate Councilor.

Member at Large = Grace Yek

Grace S. Yek, CCC, M.S. (Faculty) - A chemical engineer in her first profession, Chef Yek worked in the processing industry, such as high fructose corn syrup and protein isolates production. Today, Chef Yek is a certified Chef de Cuisine with the American Culinary Federation and is a Culinary Arts and Science faculty member at the University of Cincinnati and a chef instructor at the Midwest Culinary Institute. She has appeared

on various television programs, and led corporate team-building sessions through culinary production. Chef Yek also consults in food product development and continues to speak on international flavors.

Member at Large = Mandalin Kohler

Mandalin Kohler is currently an associate scientist in the Beverage Applications department at WILD Flavors, Inc. She is a member of WILD's Safety Committee and Sustained Energy Team, an internal research group examining innovative concepts for market consumption. She graduated with Bachelor of Arts from Miami University, double majoring in Zoology and Environmental Science. With determination and hard work, Mandalin managed to blend employment, a rigorous course load, and independent post-graduate research responsibilities to graduate in three years. This busy undergraduate work aided the establishment of a strong work ethic, outstanding time management techniques, and organizational abilities. She is currently enrolled at the Williams College of Business at Xavier University to attain an MBA with a concentration in Marketing (expected graduation in 2009). Mandalin previously was employed as a teacher at a private preschool and as an instructor at the Cincinnati Zoo and Botanical Gardens. These teaching positions gave her the opportunity to design and implement creative curriculum for the respective organizations. Mandalin looks forward to utilizing her skills for the Ohio Valley IFT.

Newsletter Editor = Rachel Liggett

Rachel Liggett currently is Secretary, Newsletter Editor and Councilor of Ohio Valley IFT. Rachel is a Sensory Scientist for Givaudan Flavors Corporation in Cincinnati, Ohio and has a BS and MS in Food Science from The Ohio State University. Rachel is also pursuing a PhD in Food Science at OSU on a part-time basis. Rachel was the 2005-2006 Outstanding Volunteer for the Ohio Valley Section of IFT.

IFT Employment Information

The IFT Career Center <http://careers.ift.org> is free to job seekers, allowing them to post resumes online and view job opportunities. If you have questions, contact **Nora Schabold** 312-782-8424 ext. 220 njschabold@ift.org

Local Job Postings

Frozen Food manufacturer in Northern Kentucky is looking for a Food Technologist.

This position, under general supervision, is responsible for developing moderately complex formulas, processing procedures, and specifications for new products, product enhancement, and cost reduction products to meet project parameters and Business Unit strategies. Project work involves benchtop development through production launch.

The incumbent also provides technical support to Marketing, Sales, Operations, and external customers.

Qualifications: Bachelor of Science degree or equivalent in Food Science, Biological Sciences, or related field. Some culinary background is beneficial.

*Interested candidates should visit www.schwansjobs.com and reference requisition number 06-17078.

EOE

Employers: OVIFT will post local food and flavor industry job openings in this newsletter for FREE (100 word max.). Each issue, this newsletter reaches 1000 members, ranging in experience from student to thirty plus years in the industry! You may even avoid relocation expenses by finding someone locally. To post job openings in the next OVIFT newsletter, please contact Rachel Liggett rachel.liggett@givaudan.com

Membership Information

For details on membership to the Ohio Valley Section of the Institute of Food Technologists, go to www.ovift.org and click on "How to join". Several types of membership are available.

If you move or change companies, all permanent changes must be processed through the national office of IFT www.ift.org. Details are available by visiting the Member Center. Temporary changes may be submitted to the Ohio Valley Section Secretary **Rachel Liggett** rachel.liggett@givaudan.com but these changes will only take effect locally.

Calendar of Events

March 15, 2007: **Performance Nutrition Program**, Confluence Park Restaurant, Columbus

April 12, 2007: **Suppliers Night**, Sharonville Convention Center, Cincinnati

May 17, 2007: **Picnic in the Park**, Sharon Woods, Cincinnati

June 15, 2007: **Golf Outing**, Golf Club at Yankee Trace, Centerville